**College Fears and Common Myths**

**Supplies:** Myths About College PowerPoint, pencils, paper

**Learning Goals**

1. Students will understand it is perfectly normal to have fears about going to college.
2. Common college myths will be debunked.

**Introduction (15 minutes)**

* Recap your life as a college student
  + Share activities and events you participated in while attending college.
  + What were assignments and tests like?
  + What was your favorite part about college?
* Ask the students to share what these things have been like for them over the past week.
  + Compare your college experience with their past week in middle school.
* Brainstorm a list of fears that students have about going to college.

**Activity (15 minutes)**

* Common Myths PowerPoint
  + As you go through the PowerPoint, relate the concerns back to your own experience of applying to college.

**Tips**

**Ask for volunteers to read the myth out loud to the class.**

**Give the students some time to discuss their thoughts about the myth before revealing the answer.**

**Share your own stories about anything that relates to the PowerPoint throughout the discussion.**

**Closing (5 minutes)**

* Have students write down one thing that they learned about going to college today.
* Ask for volunteers to share their responses.
* Collect all responses.