

## Abstract

This literature review critically examines the fundamental role of end-of-life care within the healthcare system, underscoring the necessity for a compassionate approach that comprehensively caters to patients' physical, spiritual, and emotional needs. The literature review investigates the potential benefits of naturopathic methods in enhancing the quality of life for patients, while explicitly stating that these methods do not promise recovery. It emphasizes the importance of understanding the patient's condition and needs, and advocates for the integration of naturopathic methods such as massage therapy into traditional healthcare settings to improve patient comfort and satisfaction. The review concludes by highlighting the pressing need for further research to substantiate the benefits and practicality of this integrative approach.