



AAPI THRIVE CONFERENCE  
Photograph by AJ Pioquinto

## Craving Home

By: Gabbie Quintinita

As we continue to celebrate Asian American Native Hawaiian Pacific Islander (AANHPI) Month, let's recognize the importance of cultural food! Food is what nourishes us, it's a way of sharing our cultures, showing our love to one another, and so much more. Being away from home brings cravings of homemade dishes and our community. Luckily, many businesses are starting to bring traditional foods to America and adding their own twist into it, fulfilling our nostalgia. These businesses have added flavors like ube, pandan, sweet chili, taro, durian, plantain, and more into our palettes. Some businesses that shine light on these flavors are Neighborhood Cafe (Filipino, Tukwila), Jade Lounge (Vietnamese, Tacoma), Kona Kitchen (Japanese and Hawaiian, Lynwood/Seattle)

## Last Week's Recap

Last week AAPI THRIVE hosted our weekly study tables on Wednesday during Husky Hour, 12:30-1:30pm, in the Writing Center (Tioga Library Building TLB 2). This past Wednesday we also held a special event, "How to Respond to Anti-Asian/American Harassment" training. This was a great opportunity to learn some essential skills as well as having a productive study session. If you missed it, don't worry! We will continue to have these weekly study tables and hopefully have more special events as well.

## What's happening this week?

- MONDAY: AANHPI Heritage Month Film Festival Day 1 (3-5pm, KEY201)
- TUESDAY: Gender Before Colonialism Discussion (12-3pm, UWY303) and Philippine Social Realities Discussion (5-8pm, MAT 214)
- WEDNESDAY: Tacoma Japantown Project discussion (12:25-1:25pm, WPH) and UWTea Time (12:30-1:15pm, Prairie Line Trail)
- THURSDAY: AAPI THRIVE: AAPI Mental Health Discussion (12:30-1:30pm, MLG 110) and AANHPI Heritage Month Film Festival Day 2 (4-6pm, KEY201)
- FRIDAY: Free Korean Lessons (12:30-1:30pm, BBI04)

RSO Spotlight!  
Husky Kai/Japanese  
Student Association (JSA)

## Campus Resources

- [Teaching and Learning Center \(TLC\)](#): Tutoring, Peer Success Mentors Wayfinders and Writing Consultants
- [Disability Learning Services \(DRS\)](#): Campus disability accommodations
- [Psychological and Wellness Services \(PAWS\)](#): FREE private and group therapy sessions
- [The Pantry](#): Run by CEI, provides FREE groceries
- [The Cupboard](#): FREE meals
- [Student Affairs](#): Student services for academic support and resources

# Meet the Peer Success Mentor / Wayfinders!

## Mentor highlight: Ambre

Hello everyone! My name is Ambre (pronounced like Amber), my pronouns are she/her, and I am a Junior in the Biomedical Sciences major. I am a part of the LGBTQIA+ community and am an immigrant turned citizen. I was born in The Netherlands, moved to the States when I was four, but my family is from France (confusing, I know). Before attending UWT, I spent two years at WSU, transferred to Bellevue College, where I got my AA and then transferred here. My hope is to become a Genetic Counselor, and possibly a professor after that. Having been at three institutions, I have had lots of interesting experiences, but UWT has quickly become my favorite, the small campus with the perks of a larger university. In my free time, I like to spend time with friends and family, go outside for picnics or hikes, traveling and discovering new cultures, paint, read, play some video games (mainly Minecraft) or really anything that brings me joy.

**Komisi  
Petelo**

Computer  
Science  
Senior



**Jannat  
Musawi**

Social  
Welfare and  
Psychology  
Junior



**Jalina  
Sison**

Education  
Freshman



**Gabbie  
Quintinita**

Ethnic  
Gender &  
Labor Studies  
Sophomore



**Ambre  
Fontana**

Biomedical  
Sciences  
Senior



**Haina  
Mataese**

Education  
Junior



**AJ  
Pioquinto**

Psychology  
Junior

